

EVOLVE STUDIO FOR THE ARTS

CLASS DESCRIPTIONS 2021 SUMMER SEASON

RISING STARS 3-4 YEARS OLD BALLET/TAP

Rising Stars Ballet/Tap is a forty-five minute children's intro level ballet and tap class for 3-4 year olds. Students will learn the basic fundamentals of ballet and tap as well as typical dance etiquette and what is expected of dancers. Class is built around creating a FUN and engaging environment focusing on motor skills, musicality, and building friendships.

REQUIREMENTS:

- Student must be potty trained.
- Must be 3 by their 1st day of class.

MINI STARS 5-7 YEARS OLD BALLET/TAP

Mini Stars Ballet/Tap is a children's beginning level forty-five minute ballet and tap class for 5-7 year olds. Students will expand their knowledge of skills and basic ballet and tap steps. This class is built around creating a FUN and engaging environment for children to grow their motor skills, musicality, and friendships. No experience is needed for this class!

MINI STARS 5-7 YEARS OLD JAZZ

Mini Stars Jazz is a children's beginning forty-five minute class into jazz for 5-7 years olds. This class is designed to teach students the fundamentals of a jazz. Students will learn basic steps and combinations as well as grow in their knowledge of different dance styles. This is a FUN and upbeat class where students can learn to break out of their shell. No experience needed!

MINI STARS 5-7 YEARS OLD HIP HOP

Mini Stars Hip Hop focuses on the all various styles of hip hop including pop & funk. Dancers are encouraged to push themselves to explore new movements and to understand the elements of choreography, music, and performance. Mini Stars is an introductory beginner level class that explores the fundamentals of hip hop including basic foot work and understanding variety in movement. No experience is necessary for this class!

MINI STARS 5-7 YEARS OLD TUMBLERS

Acrobatics is a structured Tumbling program that is designed to increase flexibility and strength, while teaching technique. Combining movement and tricks, we shape well rounded acrobats using only mats. Students will learn acrobatic/tumbling skills needed for dancers. They will start with the basics (rolls, handstand, cartwheel, back bend) and progress gradually to a higher level of skills (aerials, handsprings, chest roll, tucks). No experience is needed for this level - open to all 5-7 year olds ready for FUN!

JR I BALLET

A classical form of dance focusing on proper body alignment & fluid movement. Barre, center floor, & across the floor progressions are all used to develop proper ballet technique. Junior I Ballet will focus on the foundations such as learning all ballet positions as well as basic turns and jumps. The benefits are grace, poise, discipline, strength, flexibility, and FUN! JR I Ballet is a beginner/lower intermediate level class for ages 8-10 years old. No experience is needed for this class.

JR JAZZ

Jazz class combines upbeat, stylized movement with proper technique. Each class consists of a warmup using isolated movements, across the floor progressions, and current choreography

always set to age appropriate music. Benefits are self confidence, coordination, strength, flexibility, endurance, and FUN! JR Jazz is a class for 8-12 year olds. All levels are welcome in our Summer Session.

JR TAP

Students will learn the foundations of tap and study all styles from Broadway to Rhythm. Tap is great for developing musicality and coordination skills. JR Tap will focus on name recognition of steps, articulation through the feet, being able to perform steps on both sides of the body and reverse them. The benefits of tap are rhythm coordination, pattern recognition, memorization skills, and FUN! JR Tap is a class for 8-12 year olds. All levels are welcome in our Summer Session.

JR CONTEMPORARY

Contemporary instruction will blend technique and movements from a variety of dance genres (ballet, modern, etc.) to teach dancers how to move in a range of ways, whether the movements be fluid or staccato. Contemporary focuses on the choreographer's interpretation of the music. Dancers will learn to project emotion and tell a story through this expressive dance genre. JR Contemporary is for ages 8-12 and all levels are welcome in our Summer Session.

JR II BALLET

A classical form of dance focusing on proper body alignment & fluid movement. Barre, center floor, & across the floor progressions are all used to develop proper ballet technique. Junior II Ballet will continue to build on the foundation laid out in JR I. The focus will move to slightly more advanced steps such as pirouettes from fifth and one footed jumps. The benefits are grace, poise, discipline, strength, flexibility, and FUN! JR II Ballet is an upper intermediate/advanced level class for ages 8-12. Some experience is necessary. This class meets on Tuesdays & Thursdays and students **MUST BE ENROLLED IN BOTH CLASSES.**

JR HIP HOP

Hip Hop focuses on the all various styles of hip hop including pop & funk. Dancers are encouraged to push themselves to explore new movements and to understand the elements of choreography, music, and performance. JR Hip Hop expands on the fundamentals of hip hop by exploring the transfer of weight, working on isolations, and musicality. This class is for ages 8-12 and all levels are welcome in our Summer Session.

ACRO I

Acrobatics is a structured Tumbling program that is designed to increase flexibility and strength, while teaching technique. Combining movement and tricks, we shape well rounded acrobats using only mats. They will start with the basics (rolls, handstand, cartwheel, back bend) and progress gradually to a higher level of skills (aerials, handsprings, chest roll, tucks). Students must be 8 years old and up.

ACRO II

Acrobatics is a structured Tumbling program that is designed to increase flexibility and strength, while teaching technique. Combining movement and tricks, we shape well rounded acrobats using only mats. This is an advanced level class and students must have a front walkover, back walkover, and back handspring. Students must be 8 years old and up.

TEEN BALLET

A classical form of dance focusing on proper body alignment & fluid movement. Barre, center floor, & across the floor progressions are all used to develop proper ballet technique. Teen Ballet pushes for more advanced steps. While continuing to build upon the foundation and technique of each student, in this level they will work towards multiple consecutive turns and build-

ing strength in both small and large jumps. The benefits are grace, poise, discipline, strength, flexibility, and FUN! Teen ballet is for ages 12 and up and all levels are welcome in our Summer Session.

TEEN JAZZ

Jazz class combines upbeat, stylized movement with proper technique. Each class consists of a warmup using isolated movements, across the floor progressions, and current choreography always set to age appropriate music. Teen Jazz will focus on building upon each students' foundation of technique and exploring all styles of jazz such as lyrical, contemporary, musical theatre and commercial jazz while learning more advanced and linked steps. Benefits are self confidence, coordination, strength, flexibility, endurance, and FUN! This class is for ages 12 and up and all levels are welcome in our Summer Session.

TEEN TAP

Students will learn the foundations of tap and study all styles from Broadway to Rhythm. Tap is great for developing musicality and coordination skills. Teen Tap will focus on name recognition of steps, articulation through the feet, being able to perform steps on both sides of the body and reverse them. The benefits of tap are rhythm coordination, pattern recognition, memorization skills, and FUN! Teen Tap is a class for ages 12 and up. All levels are welcome in our Summer Session.

TEEN CONTEMPORARY

Contemporary instruction will blend technique and movements from a variety of dance genres (ballet, modern, etc.) to teach dancers how to move in a range of ways, whether the movements be fluid or staccato. Contemporary focuses on the choreographer's interpretation of the music. Dancers will learn to project emotion and tell a story through this expressive dance genre. Teen Contemporary is a class for ages 12 and up and all levels are welcome in our Summer Session.

TEEN HIP HOP

Hip Hop focuses on the all various styles of hip hop including pop & funk. Dancers are encouraged to push themselves to explore new movements and to understand the elements of choreography, music, and performance. Teen Hip Hop expands on more advanced footwork, isolations, and variety of movement and grooves. This class is for ages 12 and up and all levels are welcome in our summer session.